

























Alfred's Kitchen / Quai Zurich Campus

Monday, 29. May	Tuesday, 30. May	Wednesday, 31. May	Thursday, 01. June	Friday, 02. June
SOUP  <p>Due to a public Holiday the restaurant will be closed today.</p>	SOUP  <p>Bell pepper and tomato soup <i>approx 59.1 cal.</i></p>	SOUP  <p>Asparagus cream soup <i>approx 78.2 cal.</i></p>	SOUP  <p>Vegan cauliflower soup <i>approx 96.3 cal.</i></p>	SOUP  <p>Vegan vegetable soup <i>approx 71.5 cal.</i></p>
2.50	2.50	2.50	2.50	2.50
TRADITIONAL  <p>Due to a public Holiday the restaurant will be closed today.</p>	TRADITIONAL <p>Spaghetti with 4 different sauces to choose from Bolognese, cinque pi, chees cream sauce, pesto and Grana Padano *also available with gluten-free pasta on request <i>approx 794.9 cal. / Beef: Switzerland</i></p>	TRADITIONAL  <p>Roasted breast of maize-fed poulard Tarragon gravy Roast potatoes Summer vegetables <i>approx 639.6 cal. / Chicken: France</i></p>	TRADITIONAL <p>Turkey escalope Parisian style with egg and parsley Tomato basil sauce Bramata polenta Romanesco <i>approx 663.0 cal. / Turkey: France</i></p>	TRADITIONAL <p>Pork cordon bleu Lyon potatoes Daily vegetable <i>approx 665.0 cal. / Cordon bleu (Pork): Switzerland</i></p>
incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90
TRADITIONAL SMART  <p>Due to a public Holiday the restaurant will be closed today.</p>	TRADITIONAL SMART  <p>Salmon tranche Horseradish curd Potatoes Leaf spinach and cauliflower <i>approx 558.0 cal. / Salmon: Faroe (Islands)</i></p>	TRADITIONAL SMART  <p>Cod fillet with date and honey crust Yoghurt tahini dip Lime couscous Mediterranean vegetables <i>approx 517.3 cal. / Cod: Northeast Atlantic</i></p>	TRADITIONAL SMART  <p>Bobo de Camarão Brazilian shrimp and cassava stew Long grain rice <i>approx 863.0 cal. / Shrimps: Vietnam</i></p>	TRADITIONAL SMART  <p>Bibimbap Bowl with chicken, fried egg, kimchi, mushrooms and vegetables <i>approx 666.1 cal. / Chicken: Switzerland</i></p>
incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90
KARMA  <p>Due to a public Holiday the restaurant will be closed today.</p>	KARMA  <p>Nasi Goreng Fried rice with vegetables Vegetable gyoza Sweet Chilli Sauce Mung beans and coriander <i>approx 805.3 cal.</i></p>	KARMA  <p>Indian vegetable samosas Mango chili chutney Lentil dal <i>approx 532.0 cal.</i></p>	KARMA  <p>Vegan Pulled Mushroom Ciabatta Burger with Barbecue sauce, cole slaw, roasted onions and chives mayonnaise Sweet potato <i>approx 980.1 cal.</i></p>	KARMA  <p>Pad Thai Rice noodle dish with seitan, tamarind sauce, egg, vegetables, coriander and peanuts <i>approx 835.0 cal.</i></p>
incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90	incl. Soup or Salad: 8.90
WORLD BOWLS  <p>Due to a public Holiday the restaurant will be closed today.</p>	WORLD BOWLS <p>Chicken Stroganoff Brazil style Pilaw rice Chips fries <i>approx 1100.6 cal. / Chicken: Switzerland</i></p>	WORLD BOWLS  <p>Beef flank steak Chimichurri Jacket potatoes Black bean salad <i>approx 869.5 cal. / Beef: Switzerland</i></p>	WORLD BOWLS  <p>Feijoada Brazilian bean stew with bacon, smoked pork neck and chorizo Rice, kale chips Coriander, chilli and orange <i>approx 1069.5 cal. / Chorizo (Pork, Beef): Switzerland, Bacon (pork): Switzerland, Smoked Ribs (Pork): Switzerland</i></p>	
15.90	12.90	14.90	12.90	
OVEN  <p>Due to a public Holiday the restaurant will be closed today.</p>	OVEN <p>Pinsa with smoked salmon, mascarpone, capers and dill <i>approx 992.7 cal. / Salmon: Norway</i></p>	OVEN <p>Pizza Parma with raw ham Parma style and mascarpone <i>approx 1092.7 cal. / Ham (pork): Italy</i></p>	OVEN <p>Veal kebab Cocktail or yoghurt sauce French fries Salad <i>approx 814.1 cal. / Veal: Switzerland</i></p>	
14.90	14.90	14.90	11.90	
OVEN VEGI  <p>Due to a public Holiday the restaurant will be closed today.</p>	OVEN VEGI  <p>Pinsa with diced tomatoes, rocket and Grana</p>	OVEN VEGI  <p>Pizza Margherita</p>		

closed today.	Padano flakes <i>approx 757.1 cal.</i>	Mozzarella, basil, tomato <i>approx 886.2 cal.</i>
12.90	12.90	12.90

Opening hours Alfred's Kitchen: Monday to Friday: 11.15 to 14.00

All prices in CHF incl. VAT

Legend Icons: Gluten free, lactose free, vegetarian (1leaf), vegan (2 leaves), Smart Eating